Attendees: Susan Hoffman, Laura Power, Julie Simpson, Connie Sundberg, Karen Athing, Cindi Kaup, Jeannie Campbell, Scully Powell, Kathryn O’Malley, Jessica Montague, Beth Heavilin, Meg Walkley**.**

1. **Introductions & Announcement**

*Susan wants our group to interface with the Covered California/I’m In folks to help them understand our need. ACES study might be pertinent. Meg will send it out to the group along with the Connecting the Dots study. Susan can forward that to*

*Beth shared Zero to Three materials*

*Karen announced she retired from NCS and is now doing consulting work*

*Jeannie will begin working for Changing Tides Family Services on Dec 16th.*

*Julie- brought up the topic of mental health in very rural communities. It is hard to find folks to will travel out there. Folks in the community really want services in the community. We can put this on the P & A group agenda at a later date.*

1. **Special Presentation & Discussion:** Celebrating Karen Athing’s retirement. Karen was honored with a certificate recognizing her contribution to the field of Infant-Family & Early Childhood Mental Health.
2. **Partnering/Training Efforts- updates**
3. Trauma Informed Summer Program (Susan Hoffman)-The Boys & Girls Club will serve as a fiscal agent for this project. Susan and Cindy Sutcliffe will write a grant that will help this program become more trauma informed including staff training and to perhaps augment for
4. Southern Humboldt Trauma Informed System group –this group will be hosting another showing of What We Have Always Known, facilitated by Rebecca Lowry.
5. Maternal Wellness Training (Kathryn O’Malley)-Kathryn would like us to help her think through how to prioritize- 2 days April 20 & 21st. 30 slots. $20.00 day Trying to find funding for 35 slots. NFP staff will be trained. NCAST hosted training. Focus in child-parent attunement/attachment. Interventions that you can use with moms to help connect with baby. Probably will develop an application process. Cindi suggests UIHS, Patti Kelly, Special Ed. Infant teachers. Kathryn can get a better sense of how many slots will be filled from within. Susan suggested Betty Chinn’s children’s programs person Alexa Costa. Julie suggested Family Resource Center staff as one potential invite group.
6. Serving Hmong Families Conference Update (Meg Walkley)- Sent out to targeted groups. Maybe Regional Center, Head Start providers, Meg will contact Susie to share suggestions and ask if invite can now be sent to a larger audience
7. Infant Development Association (IDA) Update (Beth Heavilin)- Beth has been very impressed with the IDA trainings and says they resonate with what we are doing. IDA is considering having a conference in Humboldt County. This is exciting, but we would need to have folks help. There is a cost associated (around $270.00). We could potentially apply for some funding to provide some scholarships. Training subcommittee has recommended the conference focus on prenatal substance exposure as at theme. Several people in attendance were interested in helping with this. Kathryn, Karen, Jessica, Julie S.,
8. Inclusion Conference & PMAD Conference report(Beth Heavilin)- IC-Two day web based virtual conference at HCOE was held. Some of the speakers were big names that we wouldn’t be able to afford to have come to Humboldt County. Beth would recommend that we do this again, but we would want the Conference organizers to work more on helping presenters know how to present remotely. Mix up keynotes with real-live interaction opportunities. PMAD Conference- well attended and well received. Suggestions have been created for the PMAD work. Beth distribued those and invited participation.

Jessica wondered if we want to create a standard to keep x amounts of slots at low cost. The policy and procedure workgroup can look at this.

1. Humboldt BRIDGES (Emi Botzler-Rodgers was not at the P & A meeting. Those who attended the last Bridges meeting said it was really good and interesting to hear the funded projects. The focus next time will be integration. Laura says it is really important for us to be illuminating early childhood mental health to this group.
2. **Subcommittee Reports (please see written reports for all subcommittees posted on the website:** [**www.0to8MHC.org**](http://www.0to8MHC.org) **)**
3. Website Subcommittee- demonstration-Beth reviewed the website with the group. Maybe the links on the partners graphic could be live. Mary Ann has great ideas about the resources page and we will discuss this later. Cindy suggested uploading the handouts if they get distributed during meetings.
4. IFECMH Certification & Training sub-committees joint training calendar (review dratft). Beth reviewed the training calendar with the group. It was suggested that we focus on the 0 to 3 part of mental health services on May as MH month.

Put on January agenda- May as Mental Health Month. For training maybe NCAST. DANCE tool is being used by NFP. This training will be eventually be opened to the community.

Next Planning & Advisory Group Meeting: January 12th, 3:00-5:00pm, HCOE Madrone